

## YES Newsletter—December

## Get to know your YES Clinical Committee Member: Nandini Venkateswaran, MD

**Do you have an OR quirk?** I always wear my water shoes, which are cheap and easy to buy on Amazon! They are comfy and help me feel my foot pedals.

How do you unwind after a stressful day? After a stressful day, I come home, do a fun Peloton bike ride, and curl up on my couch with a book or a new Netflix show.

If you could only eat one food for the rest of your life what would it be? My favorite food is dosa, an Indian version of a crepe. It has always been my comfort food since I was a child and I love coming home on holidays or weekends to enjoy the dosa my mom makes.

What is the most unique place you've traveled/visited? One of my favorite places I have traveled to is Japan. I absolutely loved the culture, food, and people and hope to visit again soon.

Who is your hero? My heroes are my mom and

dad. They are my biggest cheerleaders and have always selflessly supported my brother and I in everything we pursue. I hope to one day be as good of a parent as my parents are to me!

What's your favorite movie? One of my favorite movies is the Parent Trap! I can still to this day watch that movie and burst out in laughter or tears. The movie also always makes me wish I had an identical twin that I can conveniently switch places with!



Register for the ASCRS Annual Meeting in Washington, D.C.

YES members are eligible for complimentary and discounted registrations

Registration is open for the <u>2022 ASCRS Annual Meeting</u>, taking place in Washington, D.C., April 22–26, 2022. Registration is complimentary for U.S. and international residents and for U.S. fellows; it is discounted for U.S. physicians within their first 5 years of practice.

YES-specific programming includes Skills Transfer Labs on Friday, April 22, a full day of targeted learning and networking on Saturday, April 23, and other events throughout the meeting. Check this page regularly for updates and new YES content at the Annual Meeting.



Here are just a few of the opportunities that have specific sign-ups available now:

- YES Skills Labs: Phaco Lab, Anterior Segment Surgery Lab, and DMEK/DSAEK Lab
- Mentor Meetups and Exhibit Hall Scavenger Hunt: Mentor Meetups are informal, open discussions with ASCRS leadership and legacy members in the ASCRS Tap Room Sunday and Monday from 11:30 a.m.-12:00 p.m. and 1:00-1:30 p.m. The Exhibit Hall Scavenger Hunt is an opportunity learn and engage with industry in the ASCRS Exhibit Hall. A completed scavenger hunt is your entry to win a prize!

Learn more about the Annual Meeting and register <a href="here">here</a>. It's going to be monumental!

Don't forget to share that you're attending and what you're excited about with the official meeting and YES hashtags: #ASCRS2022 and #ASCRSYES

### The ASCRS Foundation's 2022 Resident Excellence Awards

The <u>ASCRS Foundation</u> gives 10 awards annually that enable ophthalmology residents to attend the ASCRS Annual Meeting. Eligible recipients are international or domestic PGY-3 residents and above or current fellows who exhibit exemplary performance in research, patient care, leadership, and education.

Recipients receive a travel grant, four nights' accommodation, complimentary 2022 Annual Meeting registration, and invitations to select leadership and social events. The <u>nomination period</u> is November 1, 2021–January 6, 2022, at 5:00 p.m. ET. To learn more about the award or to make a nomination, click here.

**Call for Complicated Case Videos for YES Symposium** 

The YES Clinical Committee is in search of resident and fellow video cases for the "Good to Great Surgeon: Working Through Complications Video Symposium" during the 2022 ASCRS Annual Meeting in Washington, D.C., on Saturday, April 23 from 1:30–3:00 p.m. ET. Submissions are open from December 8–January 31.

#### **Video Submission Information**

- Submit your complicated video cases involving any aspect of anterior segment surgery from your program here.
- Your submission should be no longer than 4 minutes.
- Requested file format is MP4.
- A maximum of two PowerPoint slides should be included:
  - o A title and financial interest disclosure slide
  - A brief case history

The selection criteria for the videos to be presented live at the ASCRS Annual Meeting will emphasize clinical and educational merit. If your video is selected, you will be asked to discuss the case live with the panel at the symposium in Washington, D.C.

Please contact Kristine Coan, kcoan@ascrs.org, with any questions.

## Help Make ASCRS a Thing on TikTok

In 2022 ASCRS will launch itself on TikTok, primarily as a promotional tool for the upcoming ASCRS Annual Meeting in Washington, D.C., but also as a fun way to highlight the work of ophthalmologists.

The YES Clinical Committee is in charge of populating the ASCRS TikTok page, so send us your videos that relate to the ASCRS Annual Meeting and/or ophthalmology in general. Submit videos for review and posting here.

# **Educational and Networking Opportunities with ASCRS**

YES Connect Webinars: The latest webinar covers "Mentorship: How to Get and Give the Advice You Need Early in Your Career" with Zaina Al-Mohtaseb, MD, Michael Greenwood, MD, Neda Nikpoor, MD, and Manjool Shah, MD, describing some of their experiences with mentors, how to establish these relationships, what's gained from these relationships, and more. Find this and other YES Connect webinars here.

Beyond 20/20: An ASCRS Series in Modern Refractive Surgery and Presbyopia Therapy: Beyond 20/20 is a new ASCRS program sponsored by the Refractive Surgery Clinical Committee. This four-module program will take place once a month, beginning January 26, with three live modules online and one (the fourth and final) module in person at the ASCRS Annual Meeting. All modules will be recorded for on-demand

viewing as well. <u>Learn more</u> about the program and <u>register</u>. Registration is complimentary for U.S. and international residents and U.S. fellows.

**20/Happy in 2021:** A recording of <u>20/Happy in 2021</u>, module 10 of the <u>20/Happy in 2020: ASCRS Master Class in Refractive Cataract Surgery</u>, is now available to registrants. There's still time to <u>enroll and access</u> the full program, which is complimentary for domestic residents and fellows.

**ASCRS Grand Rounds:** The newest installment of <u>ASCRS Grand Rounds with</u> <u>Massachusetts Eye and Ear Infirmary</u> is available on demand December 22. Look for it and find past recordings <u>here</u>.

**ASCRS Journal Club:** Watch the <u>final Journal Club!</u> A panel of experts will discuss two pre-selected manuscripts from the *Journal of Cataract & Refractive Surgery (JCRS)* with co-moderators Nick Mamalis, MD, and Leela Raju, MD, discussants Jose A.P. Gomes, MD, PhD, and Tyler Friske, MD, and panelists Ronald Krueger, MD, Mark Terry, MD, and Nandini Venkateswaran, MD. View this Journal Club and other recordings on demand here.

## **Helpful Links and Resources:**

ASCRS YES Membership

**ASCRS Clinical Education** 

**ASCRS Online Tools** 

**ASCRS Annual Meeting** 

Official YES Hashtag: #ASCRSYES