



YES Newsletter— July

Get to know your YES Clinical Committee Member: Priya Mathews, MD

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Do you have an OR quirk? Music you always listen to/won't listen too?

Something you always wear? I always listen to Electronic Dance Music (aka EDM)! I love when the OR feels like a dance party, it gets me really hyped and focused. My OR team is amazing and usually has my playlist blasting before I walk in. I wear my lucky pearl earrings every OR day. My biggest NOs in the OR: locking needle holders and classical music.

How do you unwind after a stressful day? Hot yoga—there's absolutely nothing better than sweating out my stress and frustration in a 95 degree room. I always walk out of the yoga studio rejuvenated and ready to face the world again.

If you could only eat one food for the rest of your life what would it be? That's easy, Levain Bakery cookies. And second place would be Mickey D's French fries.

What is the most unique place you've traveled/visited?

Mount Etna in Taormina, Sicily, which is the highest active volcano in Europe. The view from the top was breathtaking and unforgettable.

Who is your hero—in ophthalmology or personally? Mother Teresa—I remember meeting her as a child and feeling awestruck by her grace, humility, and selflessness.

What's your favorite movie? *Inception* and *The Bourne* series.



ASCRS Annual Meeting Update

Planning for the [2024 ASCRS Annual Meeting](#) is in full swing and one of the most important milestones is coming up later this month.

Abstract submissions for papers, posters, courses, and symposia will open July 24. Keep an eye on your inbox for the official email announcing the open submission period for the [2024 Annual Meeting](#), taking place April 5-8 in Boston, Massachusetts.

The 2023 Annual Meeting was full of amazing highlights—2024 will be even better!



Make Last-Minute Plans to Attend the Summer Meeting

The [ASCRS Summer Meeting—A Taste of ASCRS](#) is less than a month away! Now's the time to make your plans to head to "Music City USA"—Nashville, Tennessee, August 11–13.

Join ASCRS for a long weekend and experience skills transfer labs (included with registration), focused educational programming, and networking opportunities. Registration is heavily discounted for young eye surgeons, and residents and fellows are eligible for complimentary hotel accommodations (up to 3 nights—once registered, ASCRS will coordinate your stay).

[Click here](#) to learn more about the program and onsite activities.

[Register now](#) and save a few days on your summer schedule for the [ASCRS Summer Meeting—A Taste of ASCRS](#)!



Don't Lose Your Membership—ASCRS Can Transform Your Career

The next few months are a time of transition for young eye surgeons, with PGY4 residents moving into fellowships or practice and surgeons in their first 5 years of practice becoming eligible for full-fledged ASCRS membership.

Maintaining your involvement and membership with ASCRS can be transformative for your career. Since its founding in 1974, ASCRS has been at the forefront of anterior segment surgery and remains the largest U.S. society focused on the specific needs and interests of cataract, refractive, cornea, and glaucoma surgeons.

Expand your network, **connect** with leaders in the field, and **establish** your career in ophthalmology on the solid foundation that ASCRS offers with year-round educational opportunities, advocacy efforts, and philanthropic endeavors.

Act now to maintain your membership by updating your training status, if needed, from resident to fellow or practicing physician.

- Fellows, complete [this form](#).
- Practicing physicians entering your first year of practice, complete [this form](#).

[Renew your ASCRS membership today!](#)

Take Advantage of These Educational Opportunities with ASCRS

- **[YES Connect Webinars](#)**: The YES Connect library has more than a dozen hour-long, binge-worthy webinars on demand. In each episode, YES members and experts discuss various topics, such as interviewing for your first job, basics to billing, working with industry, clinical research in private practice, ASCRS Advocacy and more!
- **[Ophthalmology Quicksand Chronicles Eureka Moments Podcast](#)**: Watch or listen to Season 3 *Ophthalmology Quicksand Chronicles—Eureka Moments!* hosted by Nicole Fram, MD, and Elizabeth Yeu, MD. Stay tuned for a new episode coming next week featuring guest Steve Safran, MD. Don't forget to subscribe to the [ASCRS YouTube](#) channel or your favorite listening platform for updates about new episodes!
- **[ASCRS Grand Rounds](#)**: A new episode of ASCRS Grand Rounds, [presented by Dean McGee Eye Institute](#), is available now.
- **[ASCRS New Webinar on Retina and Complex Cataracts](#)**: The ASCRS Retina Clinical Committee and the Challenging/Complicated Cataract Surgery Subcommittee collaborated to produce an [informative discussion on complex cataract cases](#) with retina pathology or history of retina surgery.

Helpful Links and Resources:

[ASCRS YES Membership](#)

[ASCRS YES Education](#)

[ASCRS Clinical Education](#)

[ASCRS Online Tools](#)

Official YES Hashtag: #ASCRSYES

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