

YES Newsletter—June 2022

Get to know your YES Clinical Committee Member: Michael Greenwood, MD

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Do you have an OR quirk? Nothing specific but we do like to have a good time with relaxed environment. There is almost nothing we don't listen to. I let the nurse team pick the music. I like to sing along sometimes, I'm not good at it but it puts everyone at ease. When we need a little pick me up we crank Lady Gaga.

How do you unwind after a stressful day? We work really hard to make the days run as easy as possible. I have an incredible team that I work alongside in the clinic and OR, so the days aren't too bad. I start my day off with exercise (running, strength, biking, yoga, Pilates). When I come home from work, I get to hang out with my family (Heidi and two girls, Quincy and Jude). We catch up on life and just really enjoy each other's company.



If you could only eat one food for the rest of your life what would it be? This is tough. I love pancakes, so I probably would pick that.

What is the most unique place you've traveled/visited? Delhi, India. I was invited to speak on short notice, and it was a whirlwind trip. My wife got to come along, we had a great adventure, and saw a lot of cool stuff, including the Taj Mahal.

Who is your hero—in ophthalmology or personally? I have so many people I look up to in ophthalmology, I can't name them all. My partners are huge parts of my life. My wife, Heidi, is definitely the most inspiring person in my life. She has been through a lot and is so successful. She helps me personally and professionally with her guidance. And of course my parents are always there supporting me and our family.

What's your favorite movie? I don't really have a favorite movie, but I am reading the *Harry Potter* series for the first time ever (never seen any of the movies), and I have really enjoyed them. I'm not quite done yet so no spoilers!

Come to the Summer Meeting—Wet Labs Included!

Special Hotel Offer for Residents and Fellows

The early bird deadline of July 1 for the <u>ASCRS</u> <u>Summer Meeting</u> in Nashville, Tennessee (aka "Music City") is approaching!

Register now for an unbeatable educational experience, hands-on wet labs (included with registration), connection among faculty and peers, and more, taking place August 19–21.

Residents and fellows, in addition to the already discounted registration fee for young eye surgeons, ASCRS will also cover your hotel stay in Nashville for the duration of the meeting!

ASCRS is committed to enhancing the education of the next-generation of ophthalmologists. <u>Learn more about the meeting</u> and <u>register</u> for this unique opportunity today!



Young Eye Surgeon International Service Grantee Opportunity

The 2023 application for the ASCRS Foundation <u>Young Eye Surgeon International Service Grant</u> will open soon (July 15)! Complete this <u>interest form</u> or contact Violet Gehr, Foundation Coordinator (<u>vgehr@ascrs.org</u>) to receive an alert when the application period opens and for more information about the program.

Grantee Erin Sieck, MD, described the advice and mentorship she received from the Young Eye Surgeon International Service Grant as "priceless."

"I feel fortunate we extended our trip planning an extra 3 years due to the pandemic. It gave us more time to collaborate with the giants of global ophthalmology," she said about her upcoming work in Sierra Leone. "I am inspired by their continued drive to improve international access to safe ophthalmic care. No project is too small to have an impact!"

Learn more about the grant here.

There are 8 hour-long, binge-worthy <u>YES Connect Webinars</u>, covering a variety of topics like interviews, social media, mentorship, and more!

The next installment of YES Connect Webinars will be available on July 6 on the topic of global fellowship and international outreach.

There has been an increase in global ophthalmology fellowship programs in recent years, and a strong need for sustained international outreach continues. Listen to faculty Soroosh Behshad, MD, Allison Jarstad, DO, Neda Nikpoor, MD, and Russell Swan, MD, discuss the importance of this topic along with their extensive experience in this area.

Catch up on other recent webinars like "<u>EyeSustain</u>," "<u>Working with industry - Pearls for the Young Ophthalmologist</u>," and all the YES Connect webinars <u>here</u>.

Educational and Networking Opportunities with ASCRS

Beyond 20/20: An ASCRS Series in Modern Refractive Surgery and Presbyopia Therapy: Beyond 20/20 is an ASCRS series sponsored by the Refractive Surgery Clinical Committee and is now available fully on-demand as a four-module CME program. This series presents a deeper dive into new and established refractive surgery techniques and tools, including laser corneal refractive procedures, pharmaceutical presbyopia therapy, phakic IOLs and refractive lens exchange, and more. Learn more about the series and register. Registration is complimentary for U.S. and international residents and U.S. fellows.

ASCRS Grand Rounds: The latest Grand Rounds presented by UC San Diego Shiley Eye Institute is now available for <u>viewing</u>. Find past recordings <u>here</u>.

Ophthalmology Quicksand Chronicles Podcast: Ophthalmology Quicksand Chronicles, an ASCRS podcast hosted by Nicole Fram, MD, and Elizabeth Yeu, MD, is back with Season 2. Season 2 episodes are eligible for CME credit. Episodes 1 and Episode 2 are now available for viewing. Episode 3, featuring Mitchell Weikert, MD, will be available on July 8. Season 1 archived episodes and Season 2 episodes are available on the ASCRS website (log in with your ASCRS ID to view).



AUGUST 19-21, 2022 Nashville, Tennessee



Helpful Links and Resources:

ASCRS YES Membership

ASCRS Clinical Education

ASCRS Online Tools

ASCRS Summer Meeting

Official YES Hashtag: #ASCRSYES